

STANDARD MENU

4 - WEEK ROTATING MENU

MONTH: MAY
YEAR: 2023

CENTER:



ACA W Enterprise
Childcare Food Service & Manufacturing

MENU KEY:	
(D) = Dairy	
(B) = Beef	
(E) = Egg	
(C) = Citrus	
(W) = Wheat	

JUICE DELIVERY		CANNED FRUIT DELIVERY		PAPER GOODS DELIVERY		MILK DELIVERY		INFANT FORMULA DELIVERY	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Meat / Meat alt. (W) Cereal, Cheerio's Veg/ Fruit Banana	2	Grains / Meat / Alt Maple Waffles Veg/ Fruit Cantelope Melon	3	Grains / Meat / Alt Mini Pancakes Veg/ Fruit Apple Slices	4	Grains / Meat / Alt (W) WG Blueberry Muffin Veg/ Fruit Watermelon, Fresh	5	Grains / Meat / Alt (W) Cinnamon Cream Cheese Bagel Veg/ Fruit (C) Orange Slices
B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk
L / D	Meat / Alt Beef Franks Grain (W) WG Hot Dog Bun Veg Veggie Baked Beans Fruit Pears	L / D	Meat / Alt (W) Chicken Noodle Soup Chicken Breast Grain (W) WG Rotini Noodle Veg String Beans Fruit (C) Mandarin Oranges	L / D	Meat / Alt BBQ Steak Flatbread Beef Steak / Mozzarella Cheese / BBQ Sauce Grain (W) WG Flatbread Veg Broccoli / Cauliflower / Carrot Fruit (C) Fruit Cocktail	L / D	Meat / Alt (D) (W) Macaroni & Cheese Grain (W) WG Rotini Noodles Veg Vegetable Medley Fruit (C) Pineapple	L / D	Meat / Alt (D) (W) Grill Cheese Grain (W) WG Sliced Bread Veg Tomato Basil Soup Fruit Peaches
P	Milk 1% or Whole Milk Grain (D) Mozz String Cheese Fruit 100% Fruit Punch	P	Milk 1% or Whole Milk Grain (W) Sun Chips Fruit 100% Fruit Punch	P	Milk 1% or Whole Milk Grain (W) Goldfish Crackers Fruit 100% Fruit Punch	P	Milk 1% or Whole Milk Grain (W) Plain Graham Crackers Fruit 100% Fruit Punch	P	Milk 1% or Whole Milk Grain (W) Cheese on Cheese Crackers Fruit 100% Fruit Punch

JUICE DELIVERY		CANNED FRUIT DELIVERY		MILK DELIVERY		MILK DELIVERY		FRIDAY	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
8	Grains / Meat / Alt (W) Cereal, Corn Flakes Veg/ Fruit Banana	9	Grains / Meat / Alt Mini Pancakes Veg/ Fruit Cantelope Melon	10	Grains / Meat / Alt (W) French Toast Sticks Veg/ Fruit Apple Slices	11	Grains / Meat / Alt (W) Corn Muffin Veg/ Fruit Watermelon, Fresh	12	Grains / Meat / Alt Apple Filled Pancakes Veg/ Fruit (C) Orange Slices
B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk
L / D	(D) (W) (B) Baked Ziti Meat / Alt Beef Meatsauce / Mozzarella Grain (W) WG Noodle Veg Mixed Vegetable Fruit Pears	L / D	(D) Pulled BBQ Chicken w/ Cheddar Cheese Grain (W) WG Corn Bread Poppers Veg String Beans Fruit (C) Mandarin Oranges	L / D	Meat / Alt Seasoned Taco Meat (Turkey) / Cheddar Cheese Grain (W) WG Tortilla Wrap Veg Tomato Salsa / Lettuce Fruit (C) Fruit Cocktail	L / D	Meat / Alt (B) Asian Style Beef & Broccoli Beef Steak Grain WG Brown Rice Veg Broccoli Fruit (C) Pineapple	L / D	(D) Turkey & Cheese Sliders Turkey Breast / Cheddar Cheese Grain WG Slider Roll Veg Tossed Salad w/ Dressing Fruit Peaches
P	Milk 1% or Whole Milk Grain (D) Flavored Yogurt Fruit 100% Fruit Punch	P	Milk 1% or Whole Milk Grain (W) Soft Pretzel w/ Mustard Fruit 100% Fruit Punch	P	Milk 1% or Whole Milk Grain (W) Vanilla Crackers Fruit 100% Fruit Punch	P	Milk 1% or Whole Milk Grain (W) Original Animal Cracker Fruit 100% Fruit Punch	P	Milk 1% or Whole Milk Grain (W) (D) Crackers w/ Cheese Cubes Fruit 100% Fruit Punch

JUICE DELIVERY		CANNED FRUIT DELIVERY		MILK DELIVERY		MILK DELIVERY		FRIDAY	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
15	Grains / Meat / Alt (W) Cereal, Honey Bunches Vanilla Veg/ Fruit Banana	16	Grains / Meat / Alt Maple Waffles Veg/ Fruit Cantelope Melon	17	Grains / Meat / Alt Mini Pancakes Veg/ Fruit Apple Slices	18	Grains / Meat / Alt (W) WG Blueberry Muffin Veg/ Fruit Watermelon, Fresh	19	Grains / Meat / Alt (W) Cinnamon Cream Cheese Bagel Veg/ Fruit (C) Orange Slices
B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk
L / D	Meat / Alt (B) Meatball w/ Gravy Grain (W) WG Rotini Noodle Veg Mixed Vegetable Fruit Pears	L / D	Meat / Alt (W) Chicken Tenders w/ Honey Mustard Grain (W) WG Roll Veg String Beans Fruit (C) Mandarin Oranges	L / D	Meat / Alt Turkey Burger w/ Cheese Option Grain (W) WG Hamburger Roll Veg Sweet Potato Mash Fruit (C) Fruit Cocktail	L / D	Meat / Alt (D) (W) Macaroni & Cheese Grain (W) WG Rotini Noodles Veg Broccoli / Cauliflower / Carrot Fruit (C) Pineapple	L / D	(D) Pizza Bagel! Meat / Alt Turk. Pepperoni / Mozzarella Grain WG Bagel Veg Tossed Salad Fruit Peaches
P	Milk 1% or Whole Milk Grain (D) Mozz String Cheese Fruit 100% Fruit Punch	P	Milk 1% or Whole Milk Grain (W) Sun Chips Fruit 100% Fruit Punch	P	Milk 1% or Whole Milk Grain (W) Goldfish Crackers Fruit 100% Fruit Punch	P	Milk 1% or Whole Milk Grain (W) Plain Graham Crackers Fruit 100% Fruit Punch	P	Milk 1% or Whole Milk Grain (W) Cheese on Cheese Crackers Fruit 100% Fruit Punch

JUICE DELIVERY		CANNED FRUIT DELIVERY		MILK DELIVERY		MILK DELIVERY		FRIDAY	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
22	Grains / Meat / Alt (W) Strawberry Shredded Wheat Cereal Veg/ Fruit Banana	23	Grains / Meat / Alt Mini Pancakes Veg/ Fruit Cantelope Melon	24	Grains / Meat / Alt (W) French Toast Sticks Veg/ Fruit Apple Slices	25	Grains / Meat / Alt (W) WG Apple Cinnamon Muffin Veg/ Fruit Watermelon, Fresh	26	Grains / Meat / Alt Apple Filled Pancakes Veg/ Fruit (C) Orange Slices
B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk
L / D	(D) (W) (B) Baked Ziti Meat / Alt Beef Meatsauce / Mozzarella Grain (W) WG Noodle Veg Mixed Vegetable Fruit Pears	L / D	(W) General Tso Chicken Sandwich Chicken Patty Grain (W) WG Hamburger Roll Veg String Beans Fruit (C) Mandarin Oranges	L / D	Meat / Alt Turkey & Gravy Grain WG Brown Rice Veg Broccoli / Cauliflower / Carrot Fruit (C) Fruit Cocktail	L / D	Meat / Alt (D) (W) Mozzarella Pizza Stix Mozzarella Cheese Grain WG Breading Veg Broccoli / Cauliflower / Carrot Fruit (C) Pineapple	L / D	(B) Sloppy Joe Ground Beef Meat / Alt (W) WG Hamburger Roll Grain Cob Corn Veg Peaches
P	Milk 1% or Whole Milk Grain (D) Flavored Yogurt Fruit 100% Fruit Punch	P	Milk 1% or Whole Milk Grain (W) Soft Pretzel w/ Mustard Fruit 100% Fruit Punch	P	Milk 1% or Whole Milk Grain (W) Vanilla Crackers Fruit 100% Fruit Punch	P	Milk 1% or Whole Milk Grain (W) Original Animal Cracker Fruit 100% Fruit Punch	P	Milk 1% or Whole Milk Grain (W) (D) Crackers w/ Cheese Cubes Fruit 100% Fruit Punch

JUICE DELIVERY		CANNED FRUIT DELIVERY		PAPER GOODS DELIVERY	
MONDAY		TUESDAY		WEDNESDAY	
29	Meat / Meat alt. (W) Cereal, Cheerio's Veg/ Fruit Banana	30	Grains / Meat / Alt Maple Waffles Veg/ Fruit Cantelope Melon	31	Grains / Meat / Alt Mini Pancakes Veg/ Fruit Apple Slices
B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk
L / D	Meat / Alt Beef Franks Grain (W) WG Hot Dog Bun Veg Veggie Baked Beans Fruit Pears	L / D	Meat / Alt (W) Chicken Noodle Soup Chicken Breast Grain (W) WG Rotini Noodle Veg String Beans Fruit (C) Mandarin Oranges	L / D	Meat / Alt BBQ Steak Flatbread Beef Steak / Mozzarella Cheese / BBQ Sauce Grain (W) WG Flatbread Veg Broccoli / Cauliflower / Carrot Fruit (C) Fruit Cocktail
P	Milk 1% or Whole Milk Grain (D) Mozz String Cheese Fruit 100% Fruit Punch	P	Milk 1% or Whole Milk Grain (W) Sun Chips Fruit 100% Fruit Punch	P	Milk 1% or Whole Milk Grain (W) Goldfish Crackers Fruit 100% Fruit Punch

FOR ANY QUESTIONS OR CONCERNS PLEASE TEXT (267) 244 - 9730

SERVING GUIDE



ACA W Enterprise
Childcare Food Service & Manufacturing

Last Update: _____

April / 2023

		AGE GROUP			
ITEM NAME		1 - 2 Years	3 - 5 Years	6- 12 Years	13 - 18 Years
LUNCH					
RECIPE	Asian Style Beef & Broccoli	1/2 cup	1/2 cup	3/4 cup	3/4 cup
RECIPE	Flatbread Pizza	1 Piece	1 Piece	1 Piece	1 Piece
RECIPE	Grilled Cheese Sandwich	1/2 cup	1/2 cup	3/4 cup	2 cup
RECIPE	Sloppy Joe	1/2 cup	1/2 cup	3/4 cup	1 cup
RECIPE	Chicken Noodle Soup	1/2 cup	1/2 cup	3/4 cup	0 cup
RECIPE	Baked Ziti	1/2 cup	1/2 cup	3/4 cup	1 cup
CN	Chicken Patty (2.54 oz)	1 piece	1 piece	1 piece	2 piece
N/A	WG Rotini Noodles	1/4 cup	1/4 cup	1/2 cup	1/2 cup
CN	Turkey Burger Patty (2.5 oz)	1 piece	1 piece	1 piece	1 piece
RECIPE	Macaroni & Cheese	1/2 cup	1/2 cup	3/4 cup	1 cup
CN	Beef Franks (2 oz.)	1 piece	1 piece	1 piece	1 piece
NUTRITION	Veggie Baked Beans	1/4 cup	1/4 cup	1/2 cup	1/2 cup
RECIPE	Turkey & Gravy	1/4 cup	1/4 cup	1/2 cup	1/2 cup
N/A	Brown Rice	1/4 cup	1/4 cup	1/2 cup	1 cup
CN	Mozzarella Max Stix (1 oz.)	2 piece	2 piece	3 piece	3 piece
CN	Turkey & Cheese Sandwich	1 piece	1 piece	1 piece	1 piece
CN	Salisbury Steak (2.6 oz)	1 piece	1 piece	1 piece	2 piece
CN	Chicken Tenders (1 oz.)	3 piece	3 piece	4 piece	4 piece
CN	Taco - Seasoned Taco Meat	1/4 cup	1/4 cup	1/4 cup	1/2 cup
N/A	Taco- Lettuce / Tomato Salsa	1/4 cup	1/4 cup	1/2 cup	1/2 cup
N/A	Taco - Cheddar Only	1/8 cup	1/8 cup	1/8 cup	1/4 cup
RECIPE	Pulled BBQ Chicken	1/4 cup	1/4 cup	1/4 cup	1/2 cup
CN	WG Cornbread Poppers	3 pieces	3 pieces	4 pieces	5 pieces
CN	Beef Meatloaf	1 piece	1 piece	1 piece	1 piece
CN	Turkey Meatloaf (2.6 oz.)	1 piece	1 piece	1 piece	1 piece
CN	Beef Meatballs (1 oz.)	3 piece	3 piece	4 piece	4 piece
RECIPE	Pizza Bagel - Mozzarella / Turkeyroni Mix	1/4 cup	1/4 cup	1/4 cup	1/2 cup
NUTRITION	Pizza Bagel - WG Bagel	1/2 bagel	1/2 bagel	1/2 bagel	1 bagel
NUTRITION	WG Hamburger Roll	1 roll	1 roll	1 roll	1 roll
NUTRITION	WG Hotdog Roll	1 roll	1 roll	1 roll	1 roll
NUTRITION	WG Dinner Roll (1.1 oz)	1 roll	1 roll	1 roll	1 roll
N/A	All Vegetables	1/8 cup	1/4 cup	1/2 cup	1/2 cup
N/A	All Fruit, Canned	1/8 cup	1/4 cup	1/4 cup	1/4 cup
BEVERAGES					
NUTRITION	100 % Juice	4 oz.	4 oz.	6 oz.	6 oz.
N/A	Milk , Whole	4 oz.	N/A	N/A	N/A
N/A	Milk 1%	4 oz.	6 oz.	8 oz.	8 oz.
SNACKS					
NUTRITION	Individually Packaged Snacks	1 pack	1 pack	1 pack	1 pack
NUTRITION	Soft Pretzel Sticks	2 piece	2 piece	3 piece	3 piece
BREAKFAST					
	Cantelope Melon, Fresh	2 piece	2 piece	2 piece	2 piece
	Orange Slices, Fresh	2 piece	2 piece	2 piece	2 piece
	Watermelon, Fresh	1 piece	1 piece	1 piece	1 piece
	Cantelope Melon, Fresh	1 piece	2 piece	2 piece	2 piece
	Banana , Fresh	1/2 piece	1 piece	1 piece	1 piece
NUTRITION	Individually Packaged Breakfast	1 pack	1 pack	1 pack	1 pack
NUTRITION	Turkey Sausage (1.25 oz)	1 piece	1 piece	1 piece	1 piece
NUTRITION	WG Biscuit (2.2 oz.)	1 piece	1 piece	1 piece	1 piece
N/A	Scrambled Egg Patty	1 piece	1 piece	1 piece	1 piece
NUTRITION	WG Croissant (2.2 oz.)	1 piece	1 piece	1 piece	1 piece
NUTRITION	Cinnamon French Toast (2.25 oz.)	1 piece	2 piece	3 piece	3 piece
NUTRITION	Waffle	1 piece	1 piece	2 piece	2 piece
NUTRITION	WG Waffle Sticks (.77 oz.)	1 piece	2 piece	3 piece	3 piece
CN	Chicken Nugget (Breakfast)	2 piece	3 piece	4 piece	4 piece
CN	Chicken Fries (.86 oz.)	2 piece	2 piece	3 piece	4 piece
NUTRITION	Mini Pancakes	3 piece	4 piece	4 piece	5 piece
NUTRITION	Apple Filled Pancakes	1 piece	1 piece	1 piece	1 piece

SERVING SPOON KEY		
RED SPOON	1/4 Cup	2 oz.
GREEN SPOON	1/2 Cup	4 oz.
BLACK SPOON	3/4 cup	6 oz.
BLUE SPOON	1 cup	8 oz.

WHOLE GRAINS SERVING REQUIREMENT	
AGES 1 - 5	at least 1/2 oz. eq. per serving
AGES 6 +	at least 1 oz. eq. per serving

WHOLE MILK IS TO BE SERVED TO 1 YEAR OLD CHILDREN ONLY

FOOD TEMPERATURE LOG

HOT FOODS SHOULD BE KEPT AT A TEMPERATURE OF **140 DEGREES OR ABOVE**
COLD FOODS SHOULD BE KEPT AT A TEMPERATURE OF **40 DEGREES OR BELOW**.



Month / Year :

MAY

2023

Center Name:

Date	FOOD ITEM # 1	TEMPERATURE	FOOD ITEM # 2	TEMPERATURE	FOOD ITEM # 3	TEMPERATURE	STAFF SIGNATURE
5 / 1	BEEF FRANKS	At Serving	VEGETARIAN BAKED BEANS	At Serving		At Serving	
5 / 2	CHICKEN NOODLE SOUP	At Serving	STRING BEANS	At Serving		At Serving	
5 / 3	BBQ STEAK FLATBREAD	At Serving	VEGETABLE MEDLEY	At Serving	MIXED VEGETABLE	At Serving	
5 / 4	MACARONI & CHEESE	At Serving	VEGETABLE MEDLEY	At Serving		At Serving	
5 / 5	GRILL CHEESE SANDWICH	At Serving	TOMATO BASIL SOUP	At Serving		At Serving	
5 / 8	BAKED ZITI	At Serving	MIXED VEGETABLES	At Serving	MIXED VEGETABLE	At Serving	
5 / 9	PULLED BBQ CHICKEN	At Serving	CORNBREAD POPPERS	At Serving	STRING BEANS	At Serving	
5 / 10	TACO TOPPING - CHEESE	At Serving	TACO TOPPING - LETTUCE	At Serving	SEASONED TACO MEAT	At Serving	
5 / 11	ASIAN STYLE BEEF & BROCCOLLI	At Serving	RICE	At Serving		At Serving	
5 / 12	TURKEY & CHEESE SLIDERS	At Serving	TOSSED SALAD	At Serving		At Serving	
5 / 15	MEATBALLS W/ GRAVY	At Serving	WG NOODLES	At Serving	MIXED VEGETABLES	At Serving	
5 / 16	CHICKEN TENDERS	At Serving	STRING BEANS	At Serving		At Serving	
5 / 17	TURKEY BURGER	At Serving	SWEET POTATO MASH	At Serving		At Serving	
5 / 18	MACARONI & CHEESE	At Serving	VEGETABLE MEDLEY	At Serving		At Serving	
5 / 19	PIZZA BAGEL (CHEESE / PEPPERONI)	At Serving	TOSSED SALAD	At Serving		At Serving	
5 / 22	BAKED ZITI	At Serving	MIXED VEGETABLES	At Serving		At Serving	
5 / 23	GENERAL TSO CHICKEN PATTY	At Serving	STRING BEANS	At Serving		At Serving	
5 / 24	TURKEY & GRAVY	At Serving	RICE	At Serving	VEGETABLE MEDLEY	At Serving	
5 / 25	MOZZARELLA PIZZA STIX	At Serving	VEGETABLE MEDLEY	At Serving		At Serving	
5 / 26	SLOPPY JOE	At Serving	COB CORN	At Serving		At Serving	
5 / 29	BEEF FRANKS	At Serving	VEGETARIAN BAKED BEANS	At Serving		At Serving	
5 / 30	CHICKEN NOODLE SOUP	At Serving	STRING BEANS	At Serving		At Serving	
5 / 31	BBQ STEAK FLATBREAD	At Serving	VEGETABLE MEDLEY	At Serving	MIXED VEGETABLE	At Serving	

