



VEGETARIAN MENU
4 - WEEK ROTATING MENU

ACAW
ENTERPRISE
ACAW Enterprise
Childcare Food Service & Manufacturing

FOR QUESTIONS & CONCERNS :
TEXT (609) 331 - 9460

MONTH: OCTOBER
YEAR : 2024
CENTER:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Grains / Meat / Alt Veg/ Fruit Milk	WG Waffle Fresh Fruit, Canteloupe Whole Milk or 1 % Milk	English Muffin w/ Jelly Fresh Fruit, Apple Slices Whole Milk or 1 % Milk	Grains / Meat / Alt Veg/ Fruit Milk	Grains / Meat / Alt Veg/ Fruit Milk
B		B	B	B	B
	Meat / Alt Grain Veg Fruit	Veggie Casserole WG Pasta Cauliflower Medley (C) Mandarin Oranges	Veggie Meatball/ Sub WG Dinner Roll Glazed Carrots (C) Fruit Cocktail	Meat/ Alt Grain Veg Fruit	Meat/ Alt Grain Veg Fruit
L / D		L / D	L / D	L / D	L / D
P	Grain Fruit	(W) Sweet Potato Cracker 100% Fruit Punch	(W) Graham Crackers 100% Fruit Punch	(W) Original Animal Cracker 100% Fruit Punch	WG Cracker, Cinnamon Churro 100% Fruit Punch

MILK DELIVERY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Meat / Meat alt Veg/ Fruit Milk	Grains / Meat / Alt Veg/ Fruit Milk	Grains / Meat / Alt Veg/ Fruit Milk	Grains / Meat / Alt Veg/ Fruit Milk	Grains / Meat / Alt Veg/ Fruit Milk
B		B	B	B	B
	Meat / Alt Grain Veg Fruit	Meat / Alt Grain Veg Fruit	Meat / Alt Grain Veg Fruit	Meat / Alt Grain Veg Fruit	Meat / Alt Grain Veg Fruit
L / D		L / D	L / D	L / D	L / D
P	Grain Fruit	(D) String Cheese & Crackers 100% Fruit Punch	(W) Cheese Crackers 100% Fruit Punch	WG Maple Cracker 100% Fruit Punch	WG Cracker, Vanilla 100% Fruit Punch

MILK DELIVERY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Grains / Meat / Alt Veg/ Fruit Milk	Grains / Meat / Alt Veg/ Fruit Milk	Grains / Meat / Alt Veg/ Fruit Milk	Grains / Meat / Alt Veg/ Fruit Milk	Grains / Meat / Alt Veg/ Fruit Milk
B		B	B	B	B
	Meat / Alt Grain Veg Fruit	Meat / Alt Grain Veg Fruit	Meat / Alt Grain Veg Fruit	Meat / Alt Grain Veg Fruit	Meat / Alt Grain Veg Fruit
L / D		L / D	L / D	L / D	L / D
P	Grain Fruit	(D) String Cheese & Crackers 100% Fruit Punch	(W) Graham Crackers 100% Fruit Punch	(W) Original Animal Cracker 100% Fruit Punch	WG Cracker, Cinnamon Churro 100% Fruit Punch

MILK DELIVERY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Grains / Meat / Alt Veg/ Fruit Milk	Grains / Meat / Alt Veg/ Fruit Milk	Grains / Meat / Alt Veg/ Fruit Milk	Grains / Meat / Alt Veg/ Fruit Milk	Grains / Meat / Alt Veg/ Fruit Milk
B		B	B	B	B
	Meat / Alt Grain Veg Fruit	Meat / Alt Grain Veg Fruit	Meat / Alt Grain Veg Fruit	Meat / Alt Grain Veg Fruit	Meat / Alt Grain Veg Fruit
L / D		L / D	L / D	L / D	L / D
P	Grain Fruit	(D) String Cheese & Crackers 100% Fruit Punch	(W) Cheese Crackers 100% Fruit Punch	(W) Maple Cracker 100% Fruit Punch	WG Cracker, Cinnamon Churro 100% Fruit Punch

MILK DELIVERY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Grains / Meat / Alt Veg/ Fruit Milk	Grains / Meat / Alt Veg/ Fruit Milk	Grains / Meat / Alt Veg/ Fruit Milk	Grains / Meat / Alt Veg/ Fruit Milk	Grains / Meat / Alt Veg/ Fruit Milk
B		B	B	B	B
	Meat / Alt Grain Veg Fruit	Meat / Alt Grain Veg Fruit	Meat / Alt Grain Veg Fruit	Meat / Alt Grain Veg Fruit	Meat / Alt Grain Veg Fruit
L / D		L / D	L / D	L / D	L / D
P	Grain Fruit	(D) String Cheese & Crackers 100% Fruit Punch	(W) Sweet Potato Cracker 100% Fruit Punch	(W) Original Animal Cracker 100% Fruit Punch	WG Cracker, Vanilla 100% Fruit Punch

MILK DELIVERY



MONTH: OCTOBER
YEAR : 2024

CENTER:

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TEXT (609) 331 - 9460**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	Meat / Meat alt. Veg / Fruit Milk B	WG Waffle Fresh Fruit, Canteloupe Whole Milk or 1 % Milk B	English Muffin w/ Jelly Fresh Fruit, Apple Slices Whole Milk or 1 % Milk B	(W) Muffin, Corn Fresh Fruit, Watermelon Whole Milk or 1 % Milk B	Grains / Meat / Alt Veg / Fruit Milk B
L / D	Meat / Alt Grain Veg Fruit (C) Mandarin Oranges 1% or Whole Milk L / D	Veggie Casserole WG Pasta Cauliflower Medley Fruit (C) Mandarin Oranges 1% or Whole Milk L / D	Marinara Meatball / Sub WG Dinner Roll Sweet Corn (C) Fruit Cocktail 1% or Whole Milk L / D	Chicken Tenders WG Dinner Roll Glazed Carrots Fruit (C) Pineapple 1% or Whole Milk L / D	Meat / Alt Grain Veg Fruit WG Flatbread Pizza Broccoli Peaches 1% or Whole Milk L / D
P	Grain Fruit 100% Fruit Punch P	(W) Sweet Potato Cracker 100% Fruit Punch P	(W) Graham Crackers 100% Fruit Punch P	(W) Original Animal Cracker 100% Fruit Punch P	WG Cracker, Cinnamon Churro 100% Fruit Punch P
MILK DELIVERY					
7	Meat / Meat alt. Veg / Fruit Milk B	WG Pancakes Fresh Fruit, Canteloupe Whole Milk or 1 % Milk B	Bagel w/ Cream Cheese Fresh Fruit, Apple Slices Whole Milk or 1 % Milk B	(W) Muffin, Banana Fresh Fruit, Watermelon Whole Milk or 1 % Milk B	Grains / Meat / Alt Veg / Fruit Milk B
L / D	Meat / Alt Grain Veg Fruit (C) Mandarin Oranges 1% or Whole Milk L / D	Spianch Pasta WG Pasta Cauliflower Medley Fruit (C) Mandarin Oranges 1% or Whole Milk L / D	Stoppo Joe Ground Beef WG Hamburger Bun Glazed Carrots Fruit (C) Fruit Cocktail 1% or Whole Milk L / D	Fish Fillet Sandwich Pollock Fish Fillet WG Hamburger Bun Glazed Carrots Fruit (C) Pineapple 1% or Whole Milk L / D	Meat / Alt Grain Veg Fruit WG Bread Baby Carrots Peaches 1% or Whole Milk L / D
P	Grain Fruit (D) String Cheese & 100% Fruit Punch P	(W) Cinnamon Apple Crackers 100% Fruit Punch P	(W) Cheese Crackers 100% Fruit Punch P	(W) Original Animal Cracker 100% Fruit Punch P	WG Cracker, Vanilla 100% Fruit Punch P
MILK DELIVERY					
14	Meat / Meat alt. Veg / Fruit Milk B	WG Waffle Fresh Fruit, Canteloupe Whole Milk or 1 % Milk B	English Muffin w/ Jelly Fresh Fruit, Apple Slices Whole Milk or 1 % Milk B	(W) Muffin, Corn Fresh Fruit, Watermelon Whole Milk or 1 % Milk B	Grains / Meat / Alt Veg / Fruit Milk B
L / D	Meat / Alt Grain Veg Fruit (C) Mandarin Oranges 1% or Whole Milk L / D	Veggie Casserole WG Pasta Cauliflower Medley Fruit (C) Mandarin Oranges 1% or Whole Milk L / D	Tuna Salad Wrap White Tuna WG Tortilla Wrap Tossed Salad w/ Dressing Fruit (C) Fruit Cocktail 1% or Whole Milk L / D	Sweet & Sour Chicken Chicken Breast Brown Rice Broccoli Fruit (C) Pineapple 1% or Whole Milk L / D	Meat / Alt Grain Veg Fruit WG Flatbread Pizza Glazed Carrots Peaches 1% or Whole Milk L / D
P	Grain Fruit (D) String Cheese & 100% Fruit Punch P	(W) Sweet Potato Cracker 100% Fruit Punch P	(W) Graham Crackers 100% Fruit Punch P	(W) Original Animal Cracker 100% Fruit Punch P	WG Cracker, Cinnamon Churro 100% Fruit Punch P
MILK DELIVERY					
21	Meat / Meat alt. Veg / Fruit Milk B	WG Pancakes Fresh Fruit, Canteloupe Whole Milk or 1 % Milk B	Bagel w/ Cream Cheese Fresh Fruit, Apple Slices Whole Milk or 1 % Milk B	(W) Muffin, Blueberry Fresh Fruit, Watermelon Whole Milk or 1 % Milk B	Grains / Meat / Alt Veg / Fruit Milk B
L / D	Meat / Alt Grain Veg Fruit (C) Mandarin Oranges 1% or Whole Milk L / D	Spianch Pasta WG Pasta Cauliflower Medley Fruit (C) Mandarin Oranges 1% or Whole Milk L / D	Turkey Ham Wrap Turkey Ham/ Cheese WG Tortilla Wrap Tossed Salad w/ Dressing Fruit (C) Fruit Cocktail 1% or Whole Milk L / D	Salisbury Steak WG Dinner Roll Mashed Potato Fruit (C) Pineapple 1% or Whole Milk L / D	Meat / Alt Grain Veg Fruit WG Pasta Broccoli Peaches 1% or Whole Milk L / D
P	Grain Fruit (D) String Cheese & 100% Fruit Punch P	(W) Cinnamon Apple Crackers 100% Fruit Punch P	(W) Cheese Crackers 100% Fruit Punch P	(W) Original Animal Cracker 100% Fruit Punch P	WG Cracker, Vanilla 100% Fruit Punch P
MILK DELIVERY					
28	Meat / Meat alt. Veg / Fruit Milk B	WG Waffle Fresh Fruit, Canteloupe Whole Milk or 1 % Milk B	English Muffin w/ Jelly Fresh Fruit, Apple Slices Whole Milk or 1 % Milk B	(W) Muffin, Corn Fresh Fruit, Watermelon Whole Milk or 1 % Milk B	Grains / Meat / Alt Veg / Fruit Milk B
L / D	Meat / Alt Grain Veg Fruit (C) Mandarin Oranges 1% or Whole Milk L / D	Veggie Casserole WG Pasta Cauliflower Medley Fruit (C) Mandarin Oranges 1% or Whole Milk L / D	Marinara Meatball / Sub WG Dinner Roll Sweet Corn (C) Fruit Cocktail 1% or Whole Milk L / D	Chicken Tenders WG Dinner Roll Glazed Carrots Fruit (C) Pineapple 1% or Whole Milk L / D	Meat / Alt Grain Veg Fruit WG Flatbread Pizza Broccoli Peaches 1% or Whole Milk L / D
P	Grain Fruit (D) String Cheese & 100% Fruit Punch P	(W) Sweet Potato Cracker 100% Fruit Punch P	(W) Graham Crackers 100% Fruit Punch P	(W) Original Animal Cracker 100% Fruit Punch P	WG Cracker, Cinnamon Churro 100% Fruit Punch P