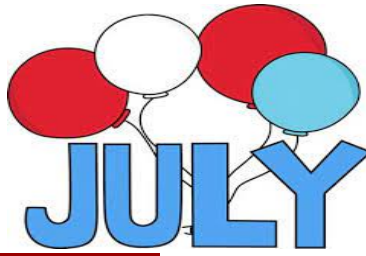


STANDARD MENU

4 - WEEK ROTATING MENU

MONTH: JULY
YEAR : 2023

CENTER:



ACAW Enterprise
Childcare Food Service & Manufacturing

MENU KEY:	
(D) = Dairy	
(B) = Beef	
(E) = Egg	
(C) = Citrus	
(W) = Wheat	

CANNED FRUIT DELIVERY		JUICE DELIVERY		MILK DELIVERY		INFANT- PUREED MEAT / MEAT ALT. INFANT FORMULA DELIVERY			
3	MONDAY	4	TUESDAY	5	WEDNESDAY	6	THURSDAY	7	FRIDAY
Grains / Meat / Alt	(W) Cereal, Corn Flakes	Grains / Meat / Alt	Apple Filled Pancakes	Grains / Meat / Alt	(W) French Toast Sticks	Grains / Meat / Alt	(W) Corn Muffin	Grains / Meat / Alt	Scramble Eggs / Turkey Sausage Links
Veg/ Fruit	Banana	Veg/ Fruit	Cantelope Melon	Veg/ Fruit	Apple Slices	Veg/ Fruit	Watermelon , Fresh	Veg/ Fruit	(C) Orange Slices
B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk
	(D) (W) (B) Baked Ziti		(D) Pulled BBQ Chicken w/ Cheddar Cheese		Seasoned Taco Meat (Turkey) / Cheddar Cheese		(B) Asian Style Beef & Broccoli Beef Steak		(D) Turkey & Cheese Sliders
Meat / Alt	Beef Meatsauce / Mozzarella	Meat / Alt		Meat / Alt		Meat / Alt		Meat / Alt	Turkey Breast / Cheddar Cheese
Grain	(W) WG Noodle	Grain	(W) WG Corn Bread Poppers	Grain	(W) WG Tortilla Wrap	Grain	WG Brown Rice	Grain	WG Slider Roll
Veg	Mixed Vegetable	Veg	String Beans	Veg	Tomato Salsa / Lettuce	Veg	Broccoli	Veg	Tossed Salad w/ Dressing
Fruit	Pears	Fruit	(C) Mandarin Oranges	Fruit	(C) Fruit Cocktail	Fruit	(C) Pineapple	Fruit	Peaches
L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk
P	Grain (D) Flavored Yogurt	P	Grain (W) Soft Pretzel w/ Mustard	P	Grain (W) Vanilla Crackers	P	Grain (W) Original Animal Cracker	P	Grain (W) Cheese on Cheese Crackers
	Fruit 100% Fruit Punch		Fruit 100% Fruit Punch		Fruit 100% Fruit Punch		Fruit 100% Fruit Punch		Fruit 100% Fruit Punch

CANNED FRUIT DELIVERY		JUICE DELIVERY		MILK DELIVERY		INFANT- PUREED MEAT / MEAT ALT.			
10	MONDAY	11	TUESDAY	12	WEDNESDAY	13	THURSDAY	14	FRIDAY
Grains / Meat / Alt	(W) Cereal, Honey Bunches Vanilla	Grains / Meat / Alt	Maple Waffles	Grains / Meat / Alt	Mini Pancakes	Grains / Meat / Alt	(W) WG Blueberry Muffin	Grains / Meat / Alt	Bagel w/ Jelly
Veg/ Fruit	Banana	Veg/ Fruit	Cantelope Melon	Veg/ Fruit	Apple Slices	Veg/ Fruit	Watermelon , Fresh	Veg/ Fruit	(C) Orange Slices
B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk
	(B) Meatball w/ Gravy		(W) Chicken Tenders w/ Honey Mustard		Turkey Burger w/ Cheese Option		(D) (W) Macaroni & Cheese		(D) Pizza Bagel
Meat / Alt		Meat / Alt		Meat / Alt		Meat / Alt		Meat / Alt	Pepperoni / Mozzarella Turk.
Grain	(W) WG Rotini Noodle	Grain	(W) WG Roll	Grain	(W) WG Hamburger Roll	Grain	(W) WG Rotini Noodles	Grain	WG Bagel
Veg	Mixed Vegetable	Veg	String Beans	Veg	Sweet Potato Mash	Veg	Broccoli / Cauliflower / Carrot	Veg	Tossed Salad
Fruit	Pears	Fruit	(C) Mandarin Oranges	Fruit	(C) Fruit Cocktail	Fruit	(C) Pineapple	Fruit	Peaches
L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk
P	Grain (D) Mozz String Cheese	P	Grain (W) Sun Chips	P-	Grain (W) Goldfish Crackers	P	Grain (W) Plain Graham Crackers	P	Grain (W) (D) Crackers w/ Cheese Cubes
	Fruit 100% Fruit Punch		Fruit 100% Fruit Punch		Fruit 100% Fruit Punch		Fruit 100% Fruit Punch		Fruit 100% Fruit Punch

CANNED FRUIT DELIVERY		JUICE DELIVERY		MILK DELIVERY		INFANT- PUREED MEAT / MEAT ALT.			
17	MONDAY	18	TUESDAY	19	WEDNESDAY	20	THURSDAY	21	FRIDAY
Grains / Meat / Alt	(W) Strawberry Shredded Wheat Cereal	Grains / Meat / Alt	Apple Filled Pancakes	Grains / Meat / Alt	(W) French Toast Sticks	Grains / Meat / Alt	(W) WG Apple Cinnamon Muffin	Grains / Meat / Alt	Scramble Eggs / Turkey Sausage Links
Veg/ Fruit	Banana	Veg/ Fruit	Cantelope Melon	Veg/ Fruit	Apple Slices	Veg/ Fruit	Watermelon , Fresh	Veg/ Fruit	(C) Orange Slices
B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk
	(D) (W) (B) Baked Ziti		(W) General Tso Chicken Sandwich Chicken Patty		Turkey & Gravy		(D) (W) Mozzarella Pizza Stix Mozzarella Cheese		(B) Sloppy Joe
Meat / Alt	Beef Meatsauce / Mozzarella	Meat / Alt		Meat / Alt		Meat / Alt		Meat / Alt	Ground Beef
Grain	(W) WG Noodle	Grain	(W) WG Hamburger Roll	Grain	WG Brown Rice	Grain	WG Breading	Grain	(W) WG Hamburger Roll
Veg	Mixed Vegetable	Veg	String Beans	Veg	Broccoli / Cauliflower / Carrot	Veg	Broccoli / Cauliflower / Carrot	Veg	Cob Corn
Fruit	Pears	Fruit	(C) Mandarin Oranges	Fruit	(C) Fruit Cocktail	Fruit	(C) Pineapple	Fruit	Peaches
L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk
P	Grain (D) Flavored Yogurt	P	Grain (W) Soft Pretzel w/ Mustard	P	Grain (W) Vanilla Crackers	P	Grain (W) Original Animal Cracker	P	Grain (W) Cheese on Cheese Crackers
	Fruit 100% Fruit Punch		Fruit 100% Fruit Punch		Fruit 100% Fruit Punch		Fruit 100% Fruit Punch		Fruit 100% Fruit Punch

CANNED FRUIT DELIVERY		JUICE DELIVERY		MILK DELIVERY		INFANT- PUREED MEAT / MEAT ALT.			
24	MONDAY	25	TUESDAY	26	WEDNESDAY	27	THURSDAY	28	FRIDAY
Meat / Meat alt.	(W) Cereal, Cheerio's	Grains / Meat / Alt	Maple Waffles	Grains / Meat / Alt	Mini Pancakes	Grains / Meat / Alt	(W) WG Blueberry Muffin	Grains / Meat / Alt	Bagel w/ Jelly
Veg/ Fruit	Banana	Veg/ Fruit	Cantelope Melon	Veg/ Fruit	Apple Slices	Veg/ Fruit	Watermelon , Fresh	Veg/ Fruit	(C) Orange Slices
B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk	B	Milk Whole Milk or 1 % Milk
	Beef Franks		(W) Chicken Noodle Soup Chicken Breast		BBQ Steak Flatbread		(D) (W) Macaroni & Cheese		(D) (W) Grill Cheese
Meat / Alt		Meat / Alt		Meat / Alt		Meat / Alt		Meat / Alt	(W) WG Sliced Bread
Grain	(W) WG Hot Dog Bun	Grain	(W) WG Rotini Noodle	Grain	(W) WG Flatbread	Grain	(W) WG Rotini Noodles	Grain	
Veg	Veggie Baked Beans	Veg	String Beans	Veg	Broccoli / Cauliflower / Carrot	Veg	Vegetable Medley	Veg	Tomato Basil Soup
Fruit	Pears	Fruit	(C) Mandarin Oranges	Fruit	(C) Fruit Cocktail	Fruit	(C) Pineapple	Fruit	Peaches
L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk	L / D	Milk 1% or Whole Milk
P	Grain (D) Mozz String Cheese	P	Grain (W) Sun Chips	P-	Grain (W) Goldfish Crackers	P	Grain (W) Plain Graham Crackers	P	Grain (W) (D) Crackers w/ Cheese Cubes
	Fruit 100% Fruit Punch		Fruit 100% Fruit Punch		Fruit 100% Fruit Punch		Fruit 100% Fruit Punch		Fruit 100% Fruit Punch

CANNED FRUIT DELIVERY		JUICE DELIVERY		MILK DELIVERY		INFANT- PUREED MEAT / MEAT ALT.			
31	MONDAY								
Grains / Meat / Alt	(W) Cereal, Corn Flakes								
Veg/ Fruit	Banana								
B	Milk Whole Milk or 1 % Milk								
	(D) (W) (B) Baked Ziti								
Meat / Alt	Beef Meatsauce / Mozzarella								
Grain	(W) WG Noodle								
Veg	Mixed Vegetable								
Fruit	Pears								
L / D	Milk 1% or Whole Milk								
P	Grain (D) Flavored Yogurt								
	Fruit 100% Fruit Punch								

FOR ANY QUESTIONS OR CONCERNS PLEASE TEXT
(267) 244 - 9730

SERVING GUIDE



ACAW Enterprise
Childcare Food Service & Manufacturing

Last Update:

April / 2023

		AGE GROUP			
ITEM NAME		1 - 2 Years	3 - 5 Years	6 - 12 Years	13 - 18 Years
LUNCH					
RECIPE	Asian Style Beef & Broccoli	1/2 cup	1/2 cup	3/4 cup	3/4 cup
RECIPE	Flatbread Pizza	1 Piece	1 Piece	1 Piece	1 Piece
RECIPE	Grilled Cheese Sandwich	1/2 cup	1/2 cup	3/4 cup	2 cup
RECIPE	Sloppy Joe	1/2 cup	1/2 cup	3/4 cup	1 cup
RECIPE	Chicken Noodle Soup	1/2 cup	1/2 cup	3/4 cup	0 cup
RECIPE	Baked Ziti	1/2 cup	1/2 cup	3/4 cup	1 cup
CN	Chicken Patty (2.54 oz)	1 piece	1 piece	1 piece	2 piece
N/A	WG Rotini Noodles	1/4 cup	1/4 cup	1/2 cup	1/2 cup
CN	Turkey Burger Patty (2.5 oz)	1 piece	1 piece	1 piece	1 piece
RECIPE	Macaroni & Cheese	1/2 cup	1/2 cup	3/4 cup	1 cup
CN	Beef Franks (2 oz.)	1 piece	1 piece	1 piece	1 piece
NUTRITION	Veggie Baked Beans	1/4 cup	1/4 cup	1/2 cup	1/2 cup
RECIPE	Turkey & Gravy	1/4 cup	1/4 cup	1/2 cup	1/2 cup
N/A	Brown Rice	1/4 cup	1/4 cup	1/2 cup	1 cup
CN	Mozzarella Pizza Stix (1 oz.)	2 piece	2 piece	3 piece	3 piece
CN	Turkey & Cheese Sandwich	1 piece	1 piece	1 piece	1 piece
CN	Salisbury Steak (2.6 oz)	1 piece	1 piece	1 piece	2 piece
CN	Chicken Tenders (1 oz.)	3 piece	3 piece	4 piece	4 piece
CN	Taco - Seasoned Taco Meat	1/4 cup	1/4 cup	1/4 cup	1/2 cup
N/A	Taco- Lettuce / Tomato Salsa	1/4 cup	1/4 cup	1/2 cup	1/2 cup
N/A	Taco - Cheddar Only	1/8 cup	1/8 cup	1/8 cup	1/4 cup
RECIPE	Pulled BBQ Chicken	1/4 cup	1/4 cup	1/4 cup	1/2 cup
CN	WG Cornbread Poppers	3 pieces	3 pieces	4 pieces	5 pieces
CN	Beef Meatloaf	1 piece	1 piece	1 piece	1 piece
CN	Turkey Meatloaf (2.6 oz.)	1 piece	1 piece	1 piece	1 piece
CN	Beef Meatballs (1 oz.)	3 piece	3 piece	4 piece	4 piece
RECIPE	Pizza Bagel - Mozzarella / Turkeyroni Mix	1/4 cup	1/4 cup	1/4 cup	1/2 cup
NUTRITION	Pizza Bagel - WG Bagel	1/2 bagel	1/2 bagel	1/2 bagel	1 bagel
NUTRITION	WG Hamburger Roll	1 roll	1 roll	1 roll	1 roll
NUTRITION	WG Hotdog Roll	1 roll	1 roll	1 roll	1 roll
NUTRITION	WG Dinner Roll (1.1 oz)	1 roll	1 roll	1 roll	1 roll
N/A	All Vegetables	1/8 cup	1/4 cup	1/2 cup	1/2 cup
N/A	All Fruit, Canned	1/8 cup	1/4 cup	1/4 cup	1/4 cup
BEVERAGES					
NUTRITION	100 % Juice	4 oz.	4 oz.	6 oz.	6 oz.
N/A	Milk , Whole	4 oz.	N/A	N/A	N/A
N/A	Milk 1%	4 oz.	6 oz.	8 oz.	8 oz.
SNACKS					
NUTRITION	Individually Packaged Snacks	1 pack	1 pack	1 pack	1 pack
NUTRITION	Soft Pretzel Sticks	2 piece	2 piece	3 piece	3 piece
BREAKFAST					
	Cantelope Melon, Fresh	2 piece	2 piece	2 piece	2 piece
	Orange Slices, Fresh	2 piece	2 piece	2 piece	2 piece
	Watermelon, Fresh	1 piece	1 piece	1 piece	1 piece
	Cantelope Melon, Fresh	1 piece	2 piece	2 piece	2 piece
	Banana , Fresh	1/2 piece	1 piece	1 piece	1 piece
NUTRITION	Individually Packaged Breakfast	1 pack	1 pack	1 pack	1 pack
NUTRITION	Turkey Sausage (1.25 oz)	1 piece	1 piece	1 piece	1 piece
NUTRITION	WG Biscuit (2.2 oz.)	1 piece	1 piece	1 piece	1 piece
N/A	Scrambled Egg Patty	1 piece	1 piece	1 piece	1 piece
NUTRITION	WG Croissant (2.2 oz.)	1 piece	1 piece	1 piece	1 piece
NUTRITION	Cinnamon French Toast (2.25 oz.)	1 piece	2 piece	3 piece	3 piece
NUTRITION	Waffle	1 piece	1 piece	2 piece	2 piece
NUTRITION	WG Waffle Sticks (.77 oz.)	1 piece	2 piece	3 piece	3 piece
CN	Chicken Nugget (Breakfast)	2 piece	3 piece	4 piece	4 piece
CN	Chicken Fries (.86 oz.)	2 piece	2 piece	3 piece	4 piece
NUTRITION	Mini Pancakes	3 piece	4 piece	4 piece	5 piece
NUTRITION	Apple Filled Pancakes	1 piece	1 piece	1 piece	1 piece

SERVING SPOON KEY		
RED SPOON	1/4 Cup	2 oz.
GREEN SPOON	1/2 Cup	4 oz.
BLACK SPOON	3/4 cup	6 oz.
BLUE SPOON	1 cup	8 oz.

WHOLE GRAINS SERVING REQUIREMENT	
AGES 1 - 5	at least 1/2 oz. eq. per serving
AGES 6 +	at least 1 oz. eq. per serving

WHOLE MILK IS TO BE SERVED TO 1 YEAR OLD CHILDREN ONLY



ACAW Enterprise
Childcare Food Service & Manufacturing

INFANT MENU

DIRECTIONS: Please fill out the the information as stated below. In the "Time Served" column you will indicate what time the child was served that meal.

Updated: 07/03/2023

CHILD NAME: _____ **Center Name:** _____

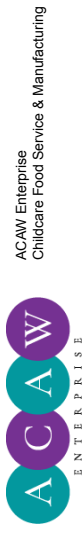
CHILD BIRTHDATE: _____/_____/_____
Week of : _____/_____/_____ to _____/_____/_____

INFANTS (0 - 5 MONTHS)															
	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served
Breakfast	Iron Fortified Formula	4 - 6 oz.		Iron Fortified Formula	4 - 6 oz.		Iron Fortified Formula	4 - 6 oz.		Iron Fortified Formula	4 - 6 oz.		Iron Fortified Formula	4 - 6 oz.	
Lunch	Iron Fortified Formula	4 - 6 oz.		Iron Fortified Formula	4 - 6 oz.		Iron Fortified Formula	4 - 6 oz.		Iron Fortified Formula	4 - 6 oz.		Iron Fortified Formula	4 - 6 oz.	
Snack	Iron Fortified Formula	4 - 6 oz.		Iron Fortified Formula	4 - 6 oz.		Iron Fortified Formula	4 - 6 oz.		Iron Fortified Formula	4 - 6 oz.		Iron Fortified Formula	4 - 6 oz.	

INFANTS (6 - 11 MONTHS)															
	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served
Breakfast	Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.	
	Oatmeal Single Grained Cereal	4 tbsp.		Oatmeal Single Grained Cereal	4 tbsp.		Oatmeal Single Grained Cereal	4 tbsp.		Oatmeal Single Grained Cereal	4 tbsp.		Oatmeal Single Grained Cereal	4 tbsp.	
	Pears	2 tbsp.		Banana	2 tbsp.		Pears	2 tbsp.		Banana	2 tbsp.		Pears	2 tbsp.	
Lunch	Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.	
	Chicken	4 tbsp.		Turkey Ham	4 tbsp.		Chicken	4 tbsp.		Turkey Ham	4 tbsp.		Chicken	4 tbsp.	
	Sweet Potato	2 tbsp.		Peas	2 tbsp.		Green Beans	2 tbsp.		Carrots	2 tbsp.		Butternut Squash	2 tbsp.	
Snack	Iron Fortified Formula	2 - 4 oz.		Iron Fortified Formula	2 - 4 oz.		Iron Fortified Formula	2 - 4 oz.		Iron Fortified Formula	2 - 4 oz.		Iron Fortified Formula	2 - 4 oz.	
	Gerber Puff Snack	1 oz.		Gerber Puff Snack	1 oz.		Gerber Puff Snack	1 oz.		Gerber Puff Snack	1 oz.		Gerber Puff Snack	1 oz.	
	Pears	2 tbsp.		Banana	2 tbsp.		Pears	2 tbsp.		Banana	2 tbsp.		Pears	2 tbsp.	

SUBSTITUTION LEDGER

**KEEP IN FILE FOR INSPECTIONS BY MONITORS



Month / Year : JULY 2023

Center Name:

DATE	SCHEDULED MENU ITEM	SUBSTITUTE MENU ITEM	TEMPERATURE		MEAL			CHILDS NAME OF ALL CHILDREN	STAFF INITIAL	
			At Serving	160	B	L	S			P
08/10/2022	Chicken Tenders	Spaghetti w/ Meatsauce	At Serving	160	B	L	S	P	All Children	AW
			At Serving		B	L	S	P		
			At Serving		B	L	S	P		
			At Serving		B	L	S	P		
			At Serving		B	L	S	P		
			At Serving		B	L	S	P		
			At Serving		B	L	S	P		
			At Serving		B	L	S	P		
			At Serving		B	L	S	P		
			At Serving		B	L	S	P		
			At Serving		B	L	S	P		
			At Serving		B	L	S	P		
			At Serving		B	L	S	P		
			At Serving		B	L	S	P		
			At Serving		B	L	S	P		
			At Serving		B	L	S	P		
			At Serving		B	L	S	P		
			At Serving		B	L	S	P		

EXAMPLE

