



INFANT MENU

DIRECTIONS: Please fill out the the information as stated below. In the "Time Served" column you will indicate what time the child was served that meal.

CHILD NAME: _____

Center Name: _____

CHILD BIRTHDATE: _____ / _____ / _____

Week of : ____ / ____ / ____ to ____ / ____ / ____

INFANTS (0 - 5 MONTHS)															
	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served
Breakfast	Breastmilk or Iron Fortified Formula	4 - 6 oz.		Breastmilk or Iron Fortified Formula	4 - 6 oz.		Breastmilk or Iron Fortified Formula	4 - 6 oz.		Breastmilk or Iron Fortified Formula	4 - 6 oz.		Breastmilk or Iron Fortified Formula	4 - 6 oz.	
Lunch	Breastmilk or Iron Fortified Formula	4 - 6 oz.		Breastmilk or Iron Fortified Formula	4 - 6 oz.		Breastmilk or Iron Fortified Formula	4 - 6 oz.		Breastmilk or Iron Fortified Formula	4 - 6 oz.		Breastmilk or Iron Fortified Formula	4 - 6 oz.	
Snack	Breastmilk or Iron Fortified Formula	4 - 6 oz.		Breastmilk or Iron Fortified Formula	4 - 6 oz.		Breastmilk or Iron Fortified Formula	4 - 6 oz.		Breastmilk or Iron Fortified Formula	4 - 6 oz.		Breastmilk or Iron Fortified Formula	4 - 6 oz.	

INFANTS (6 - 11 MONTHS)															
	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served
Breakfast	Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.	
	Oatmeal (Single Grained Cereal)	4 tbsp.		Oatmeal (Single Grained Cereal)	4 tbsp.		Oatmeal (Single Grained Cereal)	4 tbsp.		Oatmeal (Single Grained Cereal)	4 tbsp.		Oatmeal (Single Grained Cereal)	4 tbsp.	
	Pureed Pears	2 tbsp.		Peaches	2 tbsp.		Pureed Pears	2 tbsp.		Peaches	2 tbsp.		Pureed Pears	2 tbsp.	
Lunch	Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.	
	Turkey	4 tbsp.		Chicken	4 tbsp.		Turkey	4 tbsp.		Chicken	4 tbsp.		Turkey	4 tbsp.	
	Sweet Potato	2 tbsp.		Peas	2 tbsp.		Sweet Potato	2 tbsp.		Peas	2 tbsp.		Sweet Potato	2 tbsp.	
Snack	Iron Fortified Formula	2 - 4 oz.		Iron Fortified Formula	2 - 4 oz.		Iron Fortified Formula	2 - 4 oz.		Iron Fortified Formula	2 - 4 oz.		Iron Fortified Formula	2 - 4 oz.	
	Strawberry Apple Gerber Puff Snack	1/2 cup (4 oz.)		Banana Gerber Puff Snack	1/2 cup (4 oz.)		Strawberry Apple Gerber Puff Snack	1/2 cup (4 oz.)		Banana Gerber Puff Snack	1/2 cup (4 oz.)		Strawberry Apple Gerber Puff Snack	1/2 cup (4 oz.)	
	OR Unsalted Cracker (6 & 7	2 Piece		OR Unsalted Cracker (6 & 7	2 piece		OR Unsalted Cracker (6 & 7	2 piece		OR Unsalted Cracker (6 & 7	2 piece		OR Unsalted Cracker (6 & 7	2 piece	
	Pears	2 tbsp.		Peaches	2 tbsp.		Pears	2 tbsp.		Peaches	2 tbsp.		Pears	2 tbsp.	

IMPORTANT:
GERBER PUFFS FOR 8 MONTHS + ONLY.
UNSALTED CRACKER FOR 6 & 7 MONTHS ONLY