

UPDATED: 09/012023

INFANT MENU

DIRECTIONS: Please fill out the the information as

stated below. In the "Time Served" column you will indicate what time the child was served that meal.

CHILD NAME:		Center Name:						
CHILD BIRTHDATE:	/	Week of :	_// to/					

	INFANTS (0 - 5 MONTHS)														
	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served
	Iron Fortified			Iron Fortified			Iron Fortified			Iron Fortified			Iron Fortified		
Breakfast	Formula	4 - 6 oz.		Formula	4 - 6 oz.		Formula	4 - 6 oz.		Formula	4 - 6 oz.		Formula	4 - 6 oz.	
	Iron Fortified			Iron Fortified			Iron Fortified			Iron Fortified			Iron Fortified		
Lunch	Formula	4 - 6 oz.		Formula	4 - 6 oz.		Formula	4 - 6 oz.		Formula	4 - 6 oz.		Formula	4 - 6 oz.	
	Iron Fortified			Iron Fortified			Iron Fortified			Iron Fortified			Iron Fortified		
Snack	Formula	4 - 6 oz.		Formula	4 - 6 oz.		Formula	4 - 6 oz.		Formula	4 - 6 oz.		Formula	4 - 6 oz.	

INFANTS (6 - 11 MONTHS)															
	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
	Meal	Serving Size	Time Served												
	Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.	
	Oatmeal	4 tbsp.		Oatmeal	4 tbsp.		Oatmeal	4 tbsp.		Oatmeal	4 tbsp.		Oatmeal	4 tbsp.	
Breakfast	Pears	2 tbsp.		Apple	2 tbsp.		Pears	2 tbsp.		Apple	2 tbsp.		Pears	2 tbsp.	
	Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.	
	Grained Cereal	4 tbsp.		Grained Cereal	4 tbsp.		Grained Cereal	4 tbsp.		Grained Cereal	4 tbsp.		Grained Cereal	4 tbsp.	
Lunch	Sweet Potato	2 tbsp.		Peas	2 tbsp.		Green Beans	2 tbsp.		Carrots	2 tbsp.		Butternut Squash	2 tbsp.	
	Iron Fortified Formula	2 - 4 oz.		Iron Fortified Formula	2 - 4 oz.		Iron Fortified Formula	2 - 4 oz.		Iron Fortified Formula	2 - 4 oz.		Iron Fortified Formula	2 - 4 oz.	
	Gerber Puff Snack	1 oz.		Gerber Puff Snack	1 oz.		Gerber Puff Snack	1 oz.		Gerber Puff Snack	1 oz.		Gerber Puff Snack	1 oz.	
Snack	Pears	2 tbsp.		Banana	2 tbsp.		Pears	2 tbsp.		Banana	2 tbsp.		Pears	2 tbsp.	